

COURSE HANDICAP™ TABLE

East Sussex National Golf Resort & Spa
 East Sussex National Golf Resort & Spa-East Course

Course Rating 54.8

Men's Par 3 (from 5 Mar 2026)

Par 54 Slope 91

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.1	+3	25.8 to 26.9	22
+4.0 to +2.9	+2	27.0 to 28.1	23
+2.8 to +1.7	+1	28.2 to 29.4	24
+1.6 to +0.4	0	29.5 to 30.6	25
+0.3 to 0.8	1	30.7 to 31.9	26
0.9 to 2.1	2	32.0 to 33.1	27
2.2 to 3.3	3	33.2 to 34.3	28
3.4 to 4.5	4	34.4 to 35.6	29
4.6 to 5.8	5	35.7 to 36.8	30
5.9 to 7.0	6	36.9 to 38.1	31
7.1 to 8.3	7	38.2 to 39.3	32
8.4 to 9.5	8	39.4 to 40.6	33
9.6 to 10.8	9	40.7 to 41.8	34
10.9 to 12.0	10	41.9 to 43.0	35
12.1 to 13.2	11	43.1 to 44.3	36
13.3 to 14.5	12	44.4 to 45.5	37
14.6 to 15.7	13	45.6 to 46.8	38
15.8 to 17.0	14	46.9 to 48.0	39
17.1 to 18.2	15	48.1 to 49.2	40
18.3 to 19.4	16	49.3 to 50.5	41
19.5 to 20.7	17	50.6 to 51.7	42
20.8 to 21.9	18	51.8 to 53.0	43
22.0 to 23.2	19	53.1 to 54.0	44
23.3 to 24.4	20		
24.5 to 25.7	21		

INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Course Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.