



Choose one of the listed treatments on your chosen spa day package below:

Morning Hide Away

Includes 4 hours facility use (both spa & health club)
and afternoon tea + 25min bespoke treatment

MW £110 | WE £120 | leisure facility use 10:00 - 14:00

Rest & Revive Spa Afternoon

Includes 4 hour facilities use, afternoon tea,
and 50min bespoke treatment

MW £155 | WE £165 | leisure facility use 13:30 - 17:30

Voyage to East Sussex National Spa Day Experience

Use of Health Club facilities (Swimming Pool, Gym, Relaxation & Tranquility Rooms and Classes must be pre-booked). Two course lunch (allocation) in the health club café, Complimentary Robes, Slippers, and Towels.

MW £205 | WE £225 | leisure facility use 09:30 - 17:30

The 8 min consultation appointment is included in your treatment time



Time Together for Two

Use of Health Club Facilities (Swimming Pool, Gym, Relaxation & Tranquility Rooms and Classes must be pre-booked); Self-Discovery Radiance Facial, Perfection face and body Ritual or Mindful Dreams Sleep Ritual: 45 minute Rhassoul Experience performed in our dual treatment room; Two course lunch (allocation) in the health club cafe, Complimentary Robes, Slippers, and Towels

MW £350 | WE £370 | leisure facility use 09:30 - 17:30

Golf Recovery Retreat

Use of Health Club Facilities for a total of 4 hours (Swimming Pool, Gym, Relaxation & Tranquility Rooms and Classes must be pre-booked) ; 50 minute Voya Golf Recovery Massage, 45 minute Rhassoul Experience, one course lunch (allocation) in the health club cafe and complimentary robes, slippers, and towels

MW £165 | WE £185 | leisure facility use 4 hours access

Spa & Health Club Access

Use of Health Club Facilities for a total of 4 hours (Swimming Pool, Gym, Relaxation & Tranquility Rooms and Classes must be pre-booked) Traditional Afternoon tea served in the Pavilion restaurant Complimentary Robes, Slippers, and Towels

MW only £60 | WE £70 | leisure facility use 4 hours access

The 8 min consultation appointment is included in your treatment time



Facials

25 min (Voya) - MW £75 | WE £80

50 min (Voya) Self Discovery Radiance Facial - MW £110 | WE £115

50 min (Voya) Skin Sculpt Lymphatic Contour Facial - MW £110 | WE £115

50 min (ESPA) Inner Beauty Facial - MW £105 | WE £110

50 min (ESPA) Active Nutrients Glow from within - MW £105 | WE £110

Upgrade your facial to Lumineo LED Light Therapy LED Express

20 minute upgrade | MW £50 | WE £55

The 8 min consultation appointment is included in your treatment time



Massages

25 min ESPA Back Massage - MW £75 | WE £80

50 min ESPA Inner Calm Message - MW £100 | WE £110

50 min ESPA Hot Stone Massage - MW £100 | WE £110

80 min ESPA Hot Stone Massage - MW £140 | WE £145

80 min ESPA Inner Calm Massage - MW £140 | WE £145

50 min VOYA Golf Recovery Massage - MW £110 | WE £115

50 min Horsted Spa Bamboo Massage - MW £100 | WE £110

80 min Horsted Spa Bamboo Massage - MW £140 | WE £145

The 8 min consultation appointment is included in your treatment time



Body Treatments

40 min ESPA Salt and Oil Body Exfoliation - MW £80 | WE £85

50 min VOYA Buoyance Ultra Nourishing Wrap - MW £100 | WE £105

25 min ESPA Invigorating Foot Ritual - MW £70 | WE £75

80 min ESPA Back, Face and Scalp Treatment - MW £125 | WE £125

Speciality Treatments

50 min VOYA Crystal Restore Ritual - MW £95 | WE £100

110 min VOYA Voyage to East Sussex National - MW £100 | WE £105

50 min Reflexology - MW £95 | WE £100

The 8 min consultation appointment is included in your treatment time



Pregnancy Treatments

80 min Prenatal Voyager - MW £140 | WE £145

50 min Precious Moments - MW £105 | WE £110

Wellness

50 min Spring Tides Menopausal Wellness - MW £100 | WE £105

Cancer Wellness - Pricing & time adapted to the guests

Experiences

45 min Voya Bathing Butler Experience - Mon - Sun £85

Rhassoul Mud Experience - Mon - Sun £90

Therajet Massage Bed - £40 for 20 mins

The 8 min consultation appointment is included in your treatment time